



Singapore Association of Administrative Professionals

## *President's Address*

### *Administrative Professionals Day Dinner - 24 April 2019*



Dear Members and Guests

Very good evening to everyone.

Since I joined the Administrative Profession, Administrative Professionals Week means so much to me as it is the worldwide celebration of we, its practitioners, as professionals in our own right.

SAAP, as the Association representing Administrative Professionals in Singapore organizes memorable events every year to commemorate the week. Management Council 2018-2019 and the Administrative Professionals Day Dinner 2019 Organising Committee have worked hard to present this year's memorable events.

Yesterday, we conducted a full day workshop "Sun Tzu's Art of War for Administrative Professionals" which was specially crafted for our profession. Tonight's Administrative Professionals Day dinner is another highlight of the week.

The success of this dinner is due to the efforts put in by the APD Dinner Organising Committee. I would like to express my heartfelt gratitude to the Committee Chairman,

Sumathi Packerisamy and her team members Maria Zulueta, Carmen Villeta, Umami Ramli and Alice Guerzon. I would also like to thank , Cynthia Ho and Lum Xin Mun who assisted at registration desk.

Not to forget all of you present tonight, including SAAP member-sponsors, corporate sponsors, current members and past members for your unfailing support.

Other than my sincere appreciation to all, I am happy to share with you SAAP's activities and engagements:

- 1 Our Past President cum ASA Coordinator, Margaret Chan Wee, together with 4 members, attended the 24th ASA Congress which was hosted by the Papua New Guinea Association of Administrative Professionals (PNGAAP) in Port Moresby from 24 to 28 September 2018. The chosen theme was "*Administrative Dynamics: The WOW Factor*".
- 2 In collaboration with SwissBake - the APW closing event cum high tea will take place this coming Saturday at Pastamania, SMU. The theme is Picnic Party.
- 3 Renewal of the MOU with MDIS in April 2019 for another two years.
- 4 SAAP was again a supporting Organisation of Office Expo Asia 2019 & Singapore Premium Gifts Fair 2019 in July making it six consecutive years.

To enhance, the role and value of Administrative Professionals in the modern economy of the "Fourth Industrial Revolution", I'm certain fellow professionals will agree that we must, embrace the changes, hone our skills by attending relevant development courses, workshops, and of course *active membership in SAAP!*

Talking of skills, would you like to make a guess which ability you can bring to your office to increase your creativity, energy levels and productivity? ***Make a guess - Humor.***

Yes, research has shown that humor can reduce anxiety, stress, depression. Similarly, laughter boosts our immune system and decreases stress.

Our health, both mental and physical, is our greatest wealth. So, while we are pursuing our passion in work or in society, it is important to take good care of ourselves and be Happy.

Wishing All of you A Happy Administrative Professionals Day.

Thank you.

**Josephine Kwan**  
**President 2018/2019**