



Complimentary  
Foot Screening  
at Feet Care Centre for all  
webinar attendees

**Speaker**  
**Png Chang Liang**  
Footwear Specialist &  
Founder of FeetCare

- 🚩 Importance of your feet
- 🚩 Common foot problems
- 🚩 Different types of footwear
- 🚩 Prevent long term injuries from prolonged standing
- 🚩 Which kind of shoes are best for your feet?
- 🚩 What to look for when buying shoes?
- 🚩 Importance of insoles for comfort

**Webinar via Zoom**  
**Saturday, 9 January 2021**  
**2.30pm – 4.00pm**

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Non member	\$12

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Closing Date for registration  
4 January 2021

