

To All SAAP Members

**GREETING OF THE SEASON &  
BEST WISHES FOR THE NEW YEAR 2011**

From

**The Management Council & Advisory Board 2010//2011**

SEC/10-11/05  
15th December 2010

**IMPORTANT DATES 2011**



**New Year's Day**  
Saturday, 1 January  
2011



**Chinese New Year**  
Thursday, 3  
February 2011  
Friday 4 February  
2011



**Good Friday**  
Friday, 22 April  
2011



**SAAP 40<sup>th</sup>  
Anniversary**  
Wednesday,  
27<sup>th</sup> April 2011



**Labour Day**  
Sunday\* 1 May  
2011



**Vesak Day**  
Tuesday, 17 May  
2011



**National Day**  
Tuesday, 9 August  
2011



**SAAP AGM**  
Saturday, 27  
August 2011



**Hari Raya Puasa**  
Tuesday, 30 August  
2011



**Deepavali**  
Wednesday, 26  
October 2011\*\*



**Hari Raya Haji**  
Sunday\* 6  
November 2011



**Christmas Day**  
Sunday\* 25  
December 2011

\* The following Monday will be a public holiday

\*\* The date, 26 October 2011, for Deepavali needs to be checked against the Indian Almanac when it is available. Should there be a change in date, the Ministry of Manpower will issue a media release to announce the change





## COLLECTION OF SAAP LOYALTY AWARD -2010

Recipients who could not attend the MCI on 30<sup>th</sup> October to collect their awards, should contact Joanne Sun, DID: 6212 4869 to arrange for collection by 31 December 2010. Please be advised that any uncollected awards will then be disposed at the Council's discretion.

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## START 2011 RIGHT !

**GET FIT** — feel good,  
look good – You don't have to achieve washboard abs to convince yourself that you look



better. The mere act of exercise, such as stretching **TRICK**, according to a study published in the Journal of Health Psychology.

## UPCOMING EVENT....

**“Wellness Cooking” - Soups, Yu Sheng, Herbal Drunken Prawns** you'll

*love (we promise!)* These dishes are Easy to make, you'll want to savor them every day & especially to impress your guests during the Lunar New Year. Door gifts await all the participants. Do remember to sign up, the seats are **SELLING FASSSSSSSSST.....**

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*As you can see in picture above taken at last year's wellness cooking class by Ms Pancy Seng, the ladies are having **FUN** on a Saturday afternoon.*

**\*Not to be missed!\*** See you there.



Cheers,

*Sumathi*

**P Sumathi**  
**Honorary Secretary 2010/2011**