## Liver health & how it affects you

5 December 2020 2.00pm via Zoom

Your liver is one of the most vital organs in your body essential for converting excess carbohydrates and protein into forms that are stored for later use, while synthesizing other fat, like cholesterol. The liver produces bile to help break down and absorb fats. Waste products and toxins are removed through bile.

Do you know that a stomach bulge and having brown spots (pigmentation) appearing on face and skin are signs of poor liver function?

Join us in this interactive webinar (via zoom) to learn how to tackle it naturally without steroids and chemical medications? Get to know the TCM perspective on how to improve liver health and the knowledge to care and strengthen your liver.

Speaker: Mr PT Tan, founder of Herbalist Asia. Mr Tan is an advocate on natural healing, an intuitive scientist, engineer, traditional doctor and inventor. Herbalist Asia's mission is to offer an effective but gentle, herb-and Nature-based solution to everyone at an affordable price to make self-treatment available to all (not MLM).

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